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## DR. PAULA ROCHON

### Health

Dr. Paula Rochon is a geriatrician and the Founding Director of Women's Age Lab at Women's College Hospital, the first lab in the world focused on improving the health and wellbeing of women as they age—an area long overlooked. As the Retired Teachers of Ontario Chair in Geriatric Medicine at the University of Toronto and former Vice President of Research at Women's College Hospital, she has spent her career transforming women's healthcare.

Dr. Rochon's work has made a profound impact, informing the development of evidence-based interventions that address the unique health needs of aging women. She has published over 300 research articles in numerous medical journals, including the *Canadian Medical Association Journal* and *The Lancet*, and has been cited by Health Canada and the US Food and Drug Administration. Through her former role as Chair for the Canadian Institutes of Health Research's Institute of Aging Advisory Board she amplified the health care needs of older adults and women globally.

Her many distinctions include being elected as a Fellow to the Canadian Academy of Health Sciences and the Canadian Geriatrics Society (2013). From the University of Toronto, she was awarded the Eaton Clinical Researcher of the Year (2020), the Eugenie Stuart Award for Best Thesis Supervisor (2022), and the President's Impact Award along with the COVID-19 Science Table Leadership Award (2023) for her outstanding pandemic response contributions.

Paula is also a dedicated mentor. As a professor in the Departments of Medicine, Geriatric Medicine, and Public Health at the University of Toronto, she supports women throughout their careers, and supports researchers, clinicians and future geriatricians in advancing medical research and inclusive care for older adults, particularly women.

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